



National Organization of
Rheumatology Managers

Patient Resources

You are not alone in the fight against your disease. In combination with a strong relationship with a healthcare provider, there are many other resources available to aid in the fight – all at no charge! The resources listed below provide additional information about your disease - as well as opportunities for community involvement. The hardest battle is one that is fought alone – by partnering with your healthcare provider, educating yourself about your condition, and advocating in your community – you can help bring awareness to these silent diseases!

Our office is not affiliated with these organizations. Please consult your healthcare provider before making changes in diet, activity level, or medication.



<https://www.aarda.org/>

AARDA is the only national nonprofit health agency dedicated to bringing a comprehensive focus to autoimmunity, the major cause of over 100 serious chronic diseases, such as rheumatoid arthritis, Crohn's disease, uveitis, scleroderma, vasculitis, and more.

AARDA's website offers information, news and resources for all autoimmune diseases.



<https://aimedalliance.org/>

The vision of Aimed Alliance is a society in which consumers, in consultation with their health care providers and loved ones, can make informed and individually-appropriate decisions about their health care, and those decisions are not overridden by third parties.

Aimed Alliance's website offers information on how to appeal a denied claim, the latest news in healthcare, survey and poll results, videos on selecting a health plan during open enrollment and more.



www.arthritis.org

The Arthritis Foundation is boldly pursuing a cure for America's #1 cause of disability while championing the fight against arthritis with life-changing resources, science, advocacy and community connections.

The Arthritis Foundation website offers information on living with arthritis, how the Foundation is fighting for patients, ways to get involved, fundraisers in the area and more. Be sure to check out our website to learn more about our Prescription for Access tool and all of the ways that patients can connect through the Live Yes! Arthritis Network in their local community.



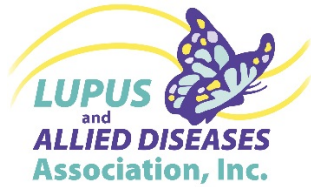
GHLF.org

The Global Healthy Living Foundation is a 501(c)(3) non-profit organization whose mission is to improve the quality of life for people living with chronic illnesses (such as arthritis, osteoporosis, migraine, psoriasis, and cardiovascular disease) by advocating for improved access to health care at the community, state, and federal levels, and amplifying education and awareness efforts within its social media framework. GHLF is also a staunch advocate for vaccines. The Global Healthy Living Foundation is the parent organization of CreakyJoints®, the digital arthritis community for millions of arthritis patients and caregivers worldwide who seek education, support, activism, and patient-centered research through ArthritisPower®, the first-ever patient-centered research registry for joint, bone, and inflammatory skin conditions.



<https://www.usbji.org/>

The United States Bone and Joint Initiative (USBJI) is the U.S. National Action Network of the Global Alliance for Musculoskeletal Health, a multi-disciplinary initiative targeting the care of people with musculoskeletal conditions— bone and joint disorders. Its mission is to raise the priority of musculoskeletal disorders through collective action. The USBJI's website offers information on diseases pertaining to all musculoskeletal conditions, news, publications, short videos and information on its patient/public education program Experts in Arthritis which is available at no cost to local communities nationwide (www.ControlArthritis.org). The USBJI's publication The Burden of Musculoskeletal Diseases in the United States contains a wealth of information on Arthritis and population data, all of which is downloadable (www.boneandjointburden.org).



<https://www.ladainc.org/>

The Lupus and Allied Diseases Association, Inc. was founded in 1978 and has grown from a small local chapter to a national non-profit organization dedicated to enhancing quality of life by enlightening and empowering individuals impacted by lupus and allied diseases and other conditions of unmet need. As a passion-driven, patient-focused charity led by people with lupus and their loved ones, we work to ensure that the patient perspective is included and recognized as an equal stakeholder in the healthcare, regulatory and public policy arenas and across the research continuum. It is our goal to improve access to care and quality of life by fostering collaboration among stakeholders, promoting unity in the community and wielding the patient voice as a catalyst to advance innovative advocacy, education, awareness and biomedical research initiatives that will identify causes, advance better diagnostics, and discover superior treatments, and ultimately, cures.



<https://www.spondylitis.org/>

SAA's network of supportive programs ensures that those affected by spondylitis do not have to face this disease alone. Regardless of location, individuals and their families can connect with a robust community of people who listen and understand. With access to our exhaustive library of informational materials on worldwide developments in spondylitis, they can also find the tools they need to inform themselves, educate others, and take control of their health, leading to better outcomes and more robust quality of life.

For more than 36 years, when you look to the advances made in the field of spondyloarthritis, you'll find the Spondylitis Association of America.



<https://allianceforpatientaccess.org/>

The Alliance for Patient Access is a national nonprofit organization of health care providers leading the charge for a patient-centered health care system. AfPA members advocate for policies that empower patients, protect the clinician-patient relationship, and ensure access to approved therapies and appropriate care. Advocacy and educational initiatives drive AfPA's core message: A system that respects patients' values and reveres shared clinical decision-making yields better health outcomes and reduces wasteful spending.

Online AfPA resources include videos and infographics about patient access barriers. On the website for its think tank, the Institute for Patient Access, you can also find educational resources such as physician-authored policy briefs, independent research and analysis papers, access report cards, FAQ documents and the Institute for Patient Access Policy Blog.



American Chronic Pain Association

<https://www.theacpa.org/>

The American Chronic Pain Association has been helping people live fuller lives in spite of their pain for 39 years. Our goal is to provide them with the tools they need, in addition to what their health care provider offers, so that they can improve their skills in the self-management of their chronic pain. We focus on helping the person with pain become an active partner on the health care team.

Our Mission is to facilitate peer support and education for individuals with chronic pain and their families so that these individuals may live more fully in spite of their pain. To raise awareness among the health care community, policy makers, and the public at large about issues of living with chronic pain.



<https://infusioncenter.org/>

Infusion and injection drugs are expensive and patients face many barriers in accessing the care they need, irrespective of specialty. NICA is the only nonprofit organization formed to support patients' access to these medications regardless of specialty. Understanding that many of the infusion and injectable medications face common access obstacles, we believe in creating all-WIN solutions that support access to in-office infusion/injection and the sustainability of the delivery channel across disease states and specialties.

The National Infusion Center Association aims to improve patient access to office-administered intravenous and injectable medications through advocacy, education, and resource development.